

# RESIDENTIAL AGED CARE



Use NABERS to improve your  
residential aged care building's energy  
and water efficiency



# WHY NABERS?

At NABERS, we know that environmentally friendly buildings are not only better for the planet, but they also make happier, healthier environments where our elderly loved ones can live a life of relaxation and fulfillment.

NABERS (which stands for the National Australian Built Environment Rating System) provides simple, reliable and comparable sustainability measurement you can trust across building sectors like apartments, offices, hotels, data and shopping centres and more.

Over the last 20 years, we have proven that “what gets measured gets managed.” Our customers have saved an average of 30-40% on their energy over 10 years. Our rating system has driven financial growth and solid returns in properties across multiple sectors through achievement of sustainability objectives.

A NABERS rating helps you to accurately measure, understand and communicate the environmental performance of your building.

## ABOUT NABERS FOR RESIDENTIAL AGED CARE

NABERS ratings for residential aged care buildings will quantify your site’s energy and water performance. We will give your site a rating from one to six stars, based on the energy and water efficiency of your residential aged care site.

Your NABERS rating can then be used to identify areas for cost savings and building improvements as well as to promote the environmental credentials of your residential aged care community. This can help in attracting more residents and reducing vacancies.

### NABERS STAR RATING GUIDE

★ ★ ★ ★ ★ ★	MAKING A START
★ ★ ★ ★ ★ ★	OPPORTUNITIES FOR UPGRADES
★ ★ ★ ★ ★ ★	MARKET STANDARD
★ ★ ★ ★ ★ ★	HIGH PERFORMANCE
★ ★ ★ ★ ★ ★	SUPERIOR PERFORMANCE
★ ★ ★ ★ ★ ★	MARKET LEADER

**WHAT’S AVAILABLE TO RESIDENTIAL AGED CARE?**

- NABERS Energy
- NABERS Water



## BENEFITS TO RESIDENTIAL AGED CARE



LOWER ENERGY AND WATER BILLS



REDUCE ENVIRONMENTAL IMPACT



IDENTIFY COST SAVINGS



SUPPORT A HEALTHY LIVING ENVIRONMENT



VERIFY AND VALIDATE INTERNAL TRACKING



IMPROVE WATER EFFICIENCY



ALIGN WITH COMMUNITY EXPECTATIONS



INCREASE BUILT ASSET VALUE



COMPARE ASSET PERFORMANCE ACROSS PORTFOLIO



BRIDGE THE INFORMATION GAP



COMPARE WITH OTHER RESIDENTIAL AGED CARE SITES



ENHANCE PROVIDER REPUTATION

## HOW NABERS ADDS VALUE

### FACILITIES MANAGERS

- Understand and communicate the opportunities to enhance your building's performance
- Prove the positive results of any upgrades or behaviour change when you improve your rating
- Differentiate yourself as a facility manager by offering a deeper level of management

### RETIREMENT LIVING PROVIDERS

- Take control of your building's performance
- Promote the quality and performance of your building when selling or renting
- Get a complete picture of your metering, identify billing issues or unfair distributions, and address anything erroneous
- Reduce your workload, using your rating to track energy and water efficiency
- Communicate how your building community is responding to climate change and drought

### VALUE FOR MONEY

Purchase a NABERS Energy rating and save 50% on your NABERS Water rating when undertaken at the same time. See our website for the latest offers.

Enjoy a high return on your investment in annual NABERS ratings through avoided energy costs.

## HOW WE DELIVER FAIR COMPARISON

When calculating your rating we account for characteristics that are unique to your building, including:

- Occupied Bed Days
- Heavy laundry processed on site
- Meals cooked
- Heated Pools
- Your postcode

*“Caring for a rapidly ageing population and responding to climate change present two of the most significant challenges of our time. Sustainable innovations can help tackle both of these challenges at once. This is why we welcome the introduction of NABERS ratings for the residential aged care sector to address the environmental impact of our sites and to improve the comfort and quality of life for our elderly citizens.”*

– **Rita Sheridan, Chief Development and Property Officer**  
Estia Health

## STEPS TO A RATING



### 1. GET READY

Visit NABERS website. Obtain 2-3 quotes from a NABERS Accredited Assessor to understand scope of work (site hours and consulting hours).

Obtain sign off on a NABERS rating and engage a NABERS Assessor.



### 2. GATHER YOUR DATA

You'll need 12 months' historical data on your energy and/or water consumption and some evidence about the size and features of your building.

Your Assessor will advise you on what you need to provide.



### 3. ACHIEVE NABERS CERTIFICATION

Organise access for your Assessor to conduct a site visit to validate your information.



### 4. IMPROVE YOUR RATING

Your NABERS rating lasts for 12 months.

Take action. Enjoy savings.

Get annual ratings so that you can track improved performance.

## GET YOUR RATING

### Visit our website

[www.nabers.gov.au/ratings/spaces-we-rate/residential-aged-care](http://www.nabers.gov.au/ratings/spaces-we-rate/residential-aged-care)

NABERS is a national initiative managed by the NSW Government on behalf of the Federal, State and Territory governments of Australia.

### Contact the NABERS team

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